

RETIREMENT
PLANNING
COUNCIL
OF IRELAND



My Retirement Plan

How best to ensure a successful transition
from full-time work to full-time retirement



My Retirement Plan

The following are suggested elements of Retirement Plan. Use this format to develop a plan for your retirement.

Financial Plan

- Ascertain what will be my retirement lump sum
- Ascertain what will be my Occupational Pension p.a.
- Calculate what will be my State Pension
- Have I any specific plans for my retirement lump sum
- Make/Update my/our Will
- Make an Enduring Power of Attorney
- Review other savings/assets
- Draft a Budget of expenditure in retirement
- Review all major expenditure items

Health

- Get a regular medical check-up
- Develop a regular exercise plan (e.g. a 50 minute walk 5 days a week)
- Join a Pilates Class
- Review current diet

My Retirement Plan

Leisure

- What hobbies/interests will I pursue in retirement
- What new interests will I take up
- What hobbies can I pursue in the summer months
- What hobbies can I pursue in the winter months
- What hobbies can we pursue together
- What mentally stimulating hobbies will I pursue

Personal Development/Learning/Work

- Will I take up some form of 'work' after I retire
- Will I pursue some form of 'Education' after I retire
- Will I give some time to 'volunteering' after I retire

Personal & Social

- With your new found 'freedom' what opportunities do you see for yourself
- What new social networks do you plan to develop in retirement
- What travel plans have you got for your retirement
- How will you devote more time to family relationships
- What do you plan to do to mark the occasion of your retirement

Who We Are

Established in 1974, the Retirement Planning Council of Ireland is a registered charity and a not-for-profit organisation. We remain wholly independent with a voluntary board of directors.

We have worked with over 3,000 companies throughout Ireland and have almost 200 corporate members comprising private organisations, semi-state bodies and public sector organisations.

We are the leading provider of support, information and guidance to people planning for retirement. Having worked with organisations and individuals across Ireland for over 40 years, we offer practical programmes and seminars that talk to all issues for consideration in retirement.



Retirement Planning Council,
38-39 Fitzwilliam Square West,
Dublin 2, DO2 NX53
01 478 9471 | www.rpc.ie